

# Gutsy Women: More Travel Tips And Wisdom For The Road (Travelers' Tales Guides) (No.2)



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## Synopsis

A completely revised travel guide for women travelers covers important issues of health, safety, and comfort while traveling on a budget. Original.

## Book Information

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## Customer Reviews

"...essential reading for women travelers of any age." -- Chicago Tribune  
"...filled with practical suggestions on everything from getting yourself pumped up to go, to planning emotionally and mentally..." -- Times (California)  
"...this book is fresh and insightful, even for the most-seasoned traveler." -- Washington Post

I am a U.S. native and am not exactly a frequent traveler (although I'd love to be). I am a young (-25), female who has only ever really traveled to a few big U.S. cities. I am considering taking some time off to do some world traveling (solo or with friends not sure) and I found this book IMMENSELY helpful for novice travelers such as myself. GEARED TOWARDS WOMEN AND TRAVEL ISSUES SPECIFIC TO US, Bond outlines some really good points that she has actually experienced that can save you a lot of time and grief. Things such as "bring your own sterile syringes if traveling to an under developed country" or "pack a door stopper for any place you visit and register under a first initial and last name only" may seem like strange things (or even scary) to take with you on a trip or to do while there, however she outlines very real-world scenarios and purposes for them. She also

points out things geared towards women that one may consider "common sense" i.e how to research a country thoroughly so you're well informed and not lose the spontaneity, be sure to pack a lot of tampons and account for how birth control may factor into flying due to time changes, but are good reminders; while she brings another point of view to the table: bring your own tampons because many foreign countries may not carry them or are difficult to find (especially based on the culture). She emphasizes that your instincts are your best friends and to use them not just when abroad but in your own home town too (if you don't already). She is up front and honest about certain places that may not take to women as "friendly" or "respectfully" as Americans may be used to, but she also explains cultural reasonings so that you are INFORMED BUT NOT DISCOURAGED from visiting such beautiful places. There are also anecdotes from other travelers that she incorporates into the book. She goes over everything from "Safety, Health and Hygiene on the road" to "Romance on the Road", and "Tipping and Bargaining". She also gives tips for traveling women with children, 60+ travel, women traveling for business and safe solo travel. This book is a great little starter for domestic and international travelers, new and seasoned travelers alike. The chapters are outlined well and she provides a lot of help and tips for things you may not think of no matter how many lists you may make (oh and yes, she even provides a sample travel list). I would recommend this little book to ANY female I know who is thinking of traveling.

I really liked this book and will keep it handy for future reference. It was an eyeopener for me. I had no idea so many women actually travel alone or in small groups. Gave me some Bucket List items!!!!Marybeth give many, many tips and info about traveling. A lot of it concerns traveling overseas. But it can be adapted to local traveling as well.

Personally I found this book pretty lame, not very much useful information beyond common sense for me. I donated it to our neighborhood little library book box. Hopefully someone else will benefit.

I wanted a travel book for my college age daughter, and this was a good one. She loved it, and can't wait to spend more of my money on another trip to Europe. Oh, whoa is me!

I received this book about 5 days after it should have been here. Other than that it is a good book, but, it's almost identical to the other book I already ordered, called: (Safety & Security: For Women Who Travel). They both give the same advice almost word for word. But, I still enjoyed reading it.

Book arrived in timely manner and is in very good condition. The information it contained was very helpful; it gave me confidence to travel alone.

The author has written a book packed so full of valuable information and wisdom that every woman who travels anywhere should read it over and over again. Many of the tips are just as valid when applied to domestic travel as to travel in foreign lands. Some of the topics are safety and security (TRUST YOUR INSTINCTS is her mantra), women traveling together, health and hygiene, keeping in touch, bargaining, tipping, packing. I especially appreciated these tips: when to purchase plane tickets (Wednesdays) and when not to do so (Saturdays); to carry a combination lock -- you never know when it might come in handy; always carry enough money in your shoe to get you out of a tight spot---these are things I probably could have thought of but hadn't. Bond leads the traveler-to-be through all she should do to adequately prepare: reading guidebooks, making an itinerary (and leaving a copy of it at home with family and friends), getting information from other travelers, doing research, learning a few words in the language of the countries you are visiting, and making checklists. This book is wonderfully organized and is a MUST for every woman who wants to travel and feel both safe and well-prepared.

For someone just starting to think about traveling alone, Gutsy Women may be just what you need: a lightweight, skimmable collection of tips on subjects ranging from safety and security to traveling on business to fighting loneliness. But I've traveled (though with others) before, and Bond's tone strikes the wrong chord with me: too cheerleader, too...indulgently spa-like. She has good solid tips on some things--how to pack, how to stay healthy--and then lightweight feel-good tips that don't project the practical tone I like in guidebooks. Wrapping presents you've bought for friends and family and sitting them around your hotel room? Getting a manicure if you're down? That's a bit resort-y for me. In keeping with this tone, Bond also writes mostly as though you'll be choosing to stay in hotels. As a person who's more likely to choose hostels or camp sites, I felt further that her style and my style weren't the best match. Not a bad starting point if you're looking to travel and want a guide with an upper-middle-class find-some-luxuries-on-the-road tone. But not what I was looking for. (And she never answers the question how she managed to afford taking two years off from work to travel! I wanted to know. Did she have savings? What did she do for health insurance? Could she afford it or did she choose to travel without it? Did she work while she was traveling? How did she get work again once she got back?)

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